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**Genetics clinics**, staffed by genetics professionals, provide information for individuals and families regarding the natural history, treatment, [mode of inheritance](#), and genetic risks to other family members as well as information about available consumer-oriented resources. See the [GeneTests Clinic Directory](#).

*For current information on availability of genetic testing for disorders included in this section, see [GeneTests Laboratory Directory](#). —ED.*

*[Genetic counseling](#) is the process of providing individuals and families with information on the nature, inheritance, and implications of genetic disorders to help them make informed medical and personal decisions. The following section deals with genetic [risk assessment](#) and the use of [family history](#) and genetic testing to clarify genetic status for family members. This section is not meant to address all personal, cultural, or ethical issues that individuals may face or to substitute for consultation with a genetics professional. To find a genetics or [prenatal diagnosis](#) clinic, see the [GeneTests Clinic Directory](#).*

## Aniridia

# [Includes: Isolated Aniridia, Wilms Tumor-Aniridia-Genital Anomalies-Retardation (WAGR) Syndrome]

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## Summary

**Disease characteristics.** Aniridia is characterized by complete or partial iris hypoplasia with associated foveal hypoplasia resulting in reduced visual acuity and nystagmus presenting in early infancy. Frequently associated ocular abnormalities, often of later onset, include cataract, glaucoma, and corneal opacification and vascularization. Aniridia may occur either as an [isolated](#) ocular abnormality without systemic involvement, caused by [mutation](#) of *PAX6* or [deletion](#) of a regulatory region controlling its expression, or as part of the Wilms tumor-aniridia-genital anomalies-retardation (WAGR) syndrome, with a [deletion](#) of 11p13 involving the *PAX6* (aniridia) [locus](#) and the adjacent *WT1* (Wilms tumor) [locus](#). Individuals with [deletion](#) of *PAX6* and *WT1* have up to 50% risk of developing Wilms tumor.

**Diagnosis/testing.** Aniridia is diagnosed by clinical examination. [Sequence analysis](#) of the *PAX6* [coding region](#) and [deletion](#) testing to identify *PAX6* exonic or whole-[gene](#) deletions are used to identify the [disease-causing mutation](#) in those with [isolated](#) aniridia. High-resolution cytogenetic testing at the 600-650-[band level](#) to detect deletions involving 11p13 and [FISH](#) testing or [deletion](#) testing to detect deletions of *PAX6* and *WT1* are used to identify the underlying disease-causing mechanism in those with the diagnosis of WAGR syndrome. All testing described here is clinically available.

**Management.** *Treatment of manifestations:* Aniridia is treated with spectacle correction of refractive errors, tinted or photochromic lenses to reduce light [sensitivity](#), occlusion therapy for amblyopia, and low-vision aids such as closed-circuit television. Cataract extraction may improve visual acuity. Glaucoma is initially treated with topical anti-glaucoma medication; refractory cases may require surgery (trabeculectomy or drainage tube surgery) or cyclodiode treatment. Corneal disease is treated with lubricants, mucolytics, and punctal occlusion. Aniridic fibrosis syndrome is treated with surgery. *Surveillance:* annual glaucoma [screening](#) throughout life including measurement of intraocular pressure, optic disc examination, and, when possible, visual field assessment. Monitoring for aniridic fibrosis syndrome with slit lamp examination in those with multiple previous intraocular surgeries. Renal ultrasound examination every three months for children with aniridia and a *WT1* [deletion](#). Lifelong evaluation of renal function in individuals with WAGR syndrome, especially those with bilateral Wilms tumor. *Testing of relatives at risk:* An eye examination in infancy is recommended for offspring and sibs of individuals with aniridia.

**Genetic counseling.** [Isolated](#) aniridia is inherited in an [autosomal dominant](#) manner. Most individuals with [isolated](#) aniridia have an [affected](#) parent; however, some may have [isolated](#) aniridia as the result of a *de novo* [gene mutation](#). Each offspring of an individual with [isolated](#) aniridia has a 50% chance of inheriting the *PAX6* [mutation](#) and developing aniridia. WAGR syndrome caused by a contiguous [gene deletion](#) usually occurs *de novo*; WAGR syndrome caused by a cytogenetically visible [deletion](#) may be *de novo* or

may result from transmission by a parent with a balanced [chromosome rearrangement](#). Prenatal testing is available for pregnancies at increased risk for [isolated](#) aniridia if the [disease-causing mutation](#) of an [affected](#) family member has been identified and for pregnancies at increased risk for WAGR syndrome if a contiguous [gene deletion](#) or a cytogenetically visible [deletion](#) has been confirmed in the [proband](#).

## Diagnosis

### Clinical Diagnosis

Aniridia is characterized by complete or partial iris hypoplasia with associated foveal hypoplasia resulting in reduced visual acuity and nystagmus presenting in early infancy. Frequently associated ocular abnormalities, often of later onset, include cataract, glaucoma, and corneal opacification and vascularization.

### Techniques used to identify the ocular abnormalities of aniridia

- **Slit lamp examination.** Partial or complete iris absence, iris translucency, or abnormal architecture and pupillary abnormalities may be seen; corneal opacification and vascularization, cataract, and glaucoma can also be detected if present.
- **Iris fluorescein angiography** may identify subtle iris hypoplasia but is rarely used clinically.
- **Optical coherence tomography (OCT)** may be used to document foveal hypoplasia in atypical cases. Although OCT is difficult to perform in the presence of nystagmus, useful images can be obtained with persistence.
- **High-frequency ultrasound biomicroscopy (UBM).** In infants with corneal opacity or severe corneal edema resulting from associated [congenital](#) glaucoma, high-frequency anterior segment ultrasound examination can demonstrate iris hypoplasia and/or absence [[Nischal 2007](#)].

Aniridia may occur as **one** of the following:

- **Isolated aniridia** without systemic involvement caused by [mutation](#) of *PAX6* or [deletion](#) of a regulatory region controlling *PAX6* expression

Note: [Isolated](#) aniridia may occur in individuals with a positive [family history](#) consistent with [autosomal dominant](#) inheritance ([familial](#) aniridia: 70% of all individuals with aniridia) and in individuals with no [family history](#) of aniridia (simplex aniridia, commonly referred to as "[sporadic](#) aniridia": 30% of individuals with aniridia) [[Valenzuela & Cline 2004](#)].

OR

- The Wilms tumor-aniridia-genital anomalies-retardation (WAGR) syndrome

WAGR syndrome may be diagnosed on the following findings:

- A visible [deletion](#) of 11p13 found on cytogenetic testing

OR

- A submicroscopic [deletion](#) involving the *PAX6* (aniridia) [locus](#) and the adjacent *WT1* (Wilms tumor) [locus](#) found on [FISH](#) testing or heterozygosity testing

OR

- One or more additional findings of WAGR syndrome found on physical examination in individuals

with aniridia

Note: (1) Because Wilms tumor, mental retardation, and behavioral abnormalities are unlikely to be evident in a very young child with WAGR syndrome, the clinical diagnosis of WAGR syndrome usually cannot be established or ruled out until a child has passed through the age of risk for these manifestations. (2) The external genitalia are usually normal in females with WAGR syndrome [[Fischbach et al 2005](#)].

## Testing

**Cytogenetic testing.** High-resolution cytogenetic testing at the 600-650-[band level](#) detects deletions involving 11p13 in up to 20% of individuals with no [family history](#) of aniridia.

## Molecular Genetic Testing

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## Genes

- Mutations or deletions in *PAX6* or its control elements are associated with [isolated](#) aniridia.
- Contiguous [gene](#) deletions including *PAX6* and *WT1* are associated with aniridia and the risk of one or more additional manifestations of WAGR.

## Clinical testing

### WAGR syndrome

- **FISH testing.** A [probe](#) or probes spanning *PAX6*, *WT1*, the regions flanking *PAX6*, and the intervening sequence between *PAX6* and *WT1* can be used:
    - To detect cryptic deletions and contiguous [gene](#) deletions in individuals with no [family history](#) of aniridia and normal cytogenetic studies
- AND
- To confirm, when necessary, [deletion](#) of *WT1* in individuals with a cytogenetic abnormality involving 11p13 [[Crolla & van Heyningen 2002](#)].
- **Deletion testing.** Using a variety of methods including quantitative polymerase chain reaction (qPCR)/real-time [PCR](#) (rt-[PCR](#)), and multiplex ligation-dependent [probe](#) amplification (MLPA), deletions of *PAX6* and *WT1* can be identified in individuals with WAGR syndrome.

### [Isolated](#) aniridia

- **Sequence analysis.** [Sequence analysis](#) can be used to identify mutations in or near *PAX6* associated with [isolated](#) aniridia [[Robinson et al 2008](#)].
- **Deletion testing.** Using a variety of methods including qPCR/rt-[PCR](#), and MLPA, exonic or whole-[gene](#) deletions of *PAX6* can be detected in 39% of individuals with [isolated](#) aniridia [[Robinson et al 2008](#)].

[Table 1](#) summarizes [molecular genetic testing](#) for this disorder [[Robinson et al 2008](#)].

Table 1. Genetic Testing of Aniridia by [Phenotype](#) and [Family History](#)

<a href="#">Phenotype</a>	<a href="#">Gene Symbol</a>	Test Method	Mutations Detected	<a href="#">Mutation Detection Frequency by Phenotype and Test Method</a>		Test Availability
				<a href="#">Family History</a> Negative	Positive	
WAGR syndrome <sup>1</sup>	<i>PAX6</i> and contiguous genes	High-resolution cytogenetic testing	Cytogenetic <a href="#">deletion</a> 11p13	57%	NA	Clinical
		<a href="#">FISH</a>	Submicroscopic <a href="#">deletion</a>	14%	NA	<a href="#">Clinical graphic element</a>
		<a href="#">Deletion</a> testing <sup>3</sup>	Whole- <a href="#">gene</a> deletions	Unknown	NA	<a href="#">Clinical graphic element</a>
<a href="#">Isolated aniridia</a> <sup>2</sup>	<i>PAX6</i>	<a href="#">Sequence analysis</a> of <a href="#">coding region</a>	Sequence alterations	55%	62.5%	<a href="#">Clinical graphic element</a>
		<a href="#">Deletion</a> testing <sup>3</sup>	Exonic deletions and deletions of control regions	22%	17%	<a href="#">Clinical graphic element</a>

NA= Not applicable

1. Wilms tumor, aniridia genital anomalies, mental retardation. Note: In young individuals, Wilms tumor and mental retardation may not be evident; in females, external genitalia are often normal.

2. [Isolated aniridia](#): aniridia without systemic involvement

3. Testing that identifies deletions/duplications not detectable by [sequence analysis](#) of genomic DNA; a variety of methods including qPCR, rtPCR, MLPA, and array CGH (see [graphic element](#)) may be used.

**Interpretation of test results.** For issues to consider in interpretation of [sequence analysis](#) results, click [here](#).

## Testing Strategy

### Establishing the diagnosis of [isolated aniridia](#) vs WAGR

Evaluate the [proband](#) with cytogenetic, [FISH](#) testing, and/or [deletion](#) testing of *PAX6* and *WT1* first when the [proband](#) is:

- An infant with aniridia who is a [simplex case](#) (i.e., a single occurrence in the family)

OR

- An older individual with aniridia and mental retardation and/or Wilms tumor and/or genital anomalies.

Identification of [deletion](#) of *PAX6* and *WT1* by cytogenetic studies, [FISH](#) testing, or [deletion](#) testing confirms the diagnosis of WAGR syndrome.

Evaluate the [proband](#) with *PAX6* [sequence analysis](#) and/or *PAX6* [deletion](#) testing first when the [proband](#):

- Is known to have [isolated](#) aniridia (either because s/he has exceeded the age of risk for [Wilms tumor](#) and mental retardation or s/he has a positive [family history](#) of [isolated](#) aniridia)

OR

- Has no [family history](#) of aniridia, a normal [karyotype](#), and no [deletion](#) of *WT1* by [FISH](#) testing or [deletion](#) testing.

Identification of a *PAX6* [sequence alteration](#), a *PAX6* exonic [deletion](#), or deletions of *PAX6* control regions confirms the diagnosis of [isolated](#) aniridia.

[Prenatal diagnosis](#) and [preimplantation genetic diagnosis \(PGD\)](#) for at-risk pregnancies require prior identification of the [disease-causing mutation](#) in the family.

## Genetically Related (Allelic) Disorders

***PAX6* mutations.** Missense mutations with residual protein function produce alternative ocular and sometimes neurodevelopmental phenotypes detailed in [Table 2](#) [[Prosser & van Heyningen 1998](#), [Hanson et al 1999](#), [Azuma et al 2003](#), [Vincent et al 2003](#), [Dansault et al 2007](#)]. All are inherited in an [autosomal dominant](#) manner.

Table 2. Other Ocular Phenotypes Caused by *PAX6* Mutations

Ocular <a href="#">Phenotype</a>	Manifestations
Keratitis	Limbal stem cell deficiency with vascularization and opacification of the cornea ± foveal hypoplasia
Peters anomaly <sup>1</sup>	Central corneal opacity caused by iridocorneal adhesions or lenticulocorneal adhesions. Glaucoma in 50%
Ectopia pupillae	Pupil displaced from center of iris
Juvenile cataracts	Early-onset lens opacities
<a href="#">Isolated</a> foveal hypoplasia	Normal iris, reduced foveal reflex, reduced macular pigmentation, retinal vessels crossing the usually avascular foveal zone
Optic nerve aplasia/hypoplasia or coloboma	Small, absent, or malformed optic nerve heads
Microphthalmia, cataract & nystagmus	Very small eye, early lens opacities, glaucoma common
Foveal hypoplasia/macular coloboma with neurodevelopmental anomalies	Absent or highly malformed central chorioretinal area, variable neurologic abnormalities (e.g., cerebellar syndrome, cortical atrophy, low IQ, absent pineal gland)

From [pax6.hgu.mrc.ac.uk](http://pax6.hgu.mrc.ac.uk)

1. *PAX6* mutations have not been detected in most individuals with Peters anomaly [[Churchill et al 1998](#), [Chavarria-Soley et al 2006](#), [Dansault et al 2007](#)].

**Individuals with two *PAX6* loss-of-function mutations.** In the rare cases of a homozygous *PAX6* [mutation](#), severe craniofacial abnormalities, [anophthalmia](#), absent or malformed nose, absent adrenal glands, central nervous system malformations, and fetal or neonatal death have occurred [[Hodgson & Saunders 1980](#), [Glaser et al 1994](#)].

## Clinical Description

### Natural History

Aniridia is a panocular disorder affecting the cornea, iris, intraocular pressure, lens, fovea, and optic nerve. The [phenotype](#) is variable between and within families; however, [affected](#) individuals usually show little variability between the two eyes. Individuals with aniridia characteristically show nystagmus, impaired visual acuity (usually 20/100 - 20/200), and foveal hypoplasia. Other abnormalities include corneal changes, glaucoma, cataract, lens subluxation, strabismus, and optic nerve coloboma and hypoplasia.

The reduction in visual acuity is primarily caused by foveal hypoplasia, but cataracts, glaucoma, and corneal opacification are responsible for progressive visual failure. Most children with aniridia present at birth with an obvious iris or pupillary abnormality or in infancy with nystagmus (usually apparent by six weeks of age). [Congenital](#) glaucoma rarely occurs in aniridia; in such cases, a large corneal diameter and corneal edema may be the presenting findings. Despite their many ocular problems, most individuals with aniridia can retain useful vision with appropriate ophthalmologic management.

**Iris.** The most obvious ocular abnormality is iris hypoplasia. The severity varies from a nearly normal iris to almost complete iris absence in which a small stump of residual iris tissue is visible on gonioscopy or ultrasound biomicroscopy [[Okamoto et al 2004](#)]. In less extreme cases, the pupil size may be normal, but there may be loss of the iris surface architecture or the presence of iris transillumination. Other iris changes include partial iris defects (resembling a coloboma) or eccentric or misshapen pupils and iris ectropion [[Nelson et al 1984](#), [Willcock et al 2006](#)].

**Lens.** [Congenital](#) lens opacities (especially polar) are common. Often there is persistent vascularization of the anterior lens capsule (tunica vasculosa lentis) or remnants of the pupillary membrane. The lens opacities are rarely dense enough to require lens extraction in infancy, but visually significant lens opacities eventually develop in 50%-85% of [affected](#) individuals, often in the teens or early adulthood. Lens subluxation or dislocation occurs but is uncommon.

**Intraocular pressure.** When elevated intraocular pressure is associated with loss of retinal ganglion cells resulting in visual field loss and optic nerve cupping, a diagnosis of glaucoma is made. Both elevated intraocular pressure and glaucoma are common in aniridia, but the exact prevalence is unknown. The onset of glaucoma is usually in later childhood or adulthood; glaucoma in infancy is rare.

**Cornea.** Keratopathy (corneal degeneration) is a relatively late manifestation with multifactorial causes including limbal stem cell abnormalities [[Ramaesh et al 2005](#)]. Changes vary from mild peripheral vascularization to pancorneal vascularization, opacification, and keratinization. Inadequate tear production is common and exacerbates the ocular surface problems. Central corneal thickness is increased – a finding of uncertain clinical relevance, but which may result in undermeasurement of intraocular pressure on tonometry [[Brandt et al 2004](#), [Whitson et al 2005](#)].

**Fovea.** Foveal hypoplasia is usually present. Findings include reduced foveal reflex, macular hypopigmentation, and crossing of the usual foveal avascular zone by retinal vessels.

**Optic nerve.** Optic nerve hypoplasia (i.e., the optic nerve head appears abnormally small) may occur in up to 10% [[McCulley et al 2005](#)].

**Aniridic fibrosis syndrome.** Patients with aniridia with a history of multiple ocular procedures (penetrating keratoplasty, intraocular lenses (IOLs), and drainage tube [insertion](#)) may develop aniridic fibrosis syndrome in which a fibrotic retrolenticular and retrocorneal membrane arises from the root of the rudimentary iris tissue. This membrane may cause forward displacement of the IOLs, IOL entrapment, and corneal decompensation [[Tsai et al 2005](#)].

**Central nervous system.** Individuals with [isolated](#) aniridia may show reduced olfaction and cognition, behavioral problems, or developmental delay. Central nervous system abnormalities (including absence or hypoplasia of the anterior commissure, abnormalities of grey matter in the anterior cingulate cortex, cerebellum, temporal and occipital lobes, white matter deficits in and reduced volume of the corpus callosum, absence of the pineal gland, and occasionally olfactory bulb hypoplasia) can be demonstrated

on MRI [[Sisodiya et al 2001](#), [Free et al 2003](#), [Mitchell et al 2003](#), [Ellison-Wright et al 2004](#), [Valenzuela & Cline 2004](#), [Bamiou et al 2007](#)].

**Hearing.** Central auditory processing difficulties (from abnormal interhemispheric transfer) present in some individuals may cause hearing difficulties. This finding is particularly important in the context of associated visual impairment [[Bamiou et al 2007](#)].

**WAGR syndrome.** Individuals with cytogenetically visible deletions of 11p13 or cryptic deletions of *PAX6* and *WT1* may develop WAGR syndrome: **W**ilms tumor, **a**niridia, **g**enitourinary abnormalities and **m**ental retardation [[Fischbach et al 2005](#)]:

- **Wilms tumor** risk for individuals with a cytogenetically visible [deletion](#) of 11p13 or a submicroscopic [deletion](#) that involves *PAX6* and *WT1* is probably as high as 50%. Individuals with WAGR syndrome are more likely than those with [isolated](#) Wilms tumor to develop bilateral tumors and have an earlier age of diagnosis and a more favorable tumor histology with better prognosis.
- **Aniridia** is almost universally present in individuals with such a [deletion](#) and typically is severe. However, WAGR without aniridia has been described.
- **Genitourinary abnormalities** include cryptorchidism (most commonly, in 60% of males), uterine abnormalities, hypospadias, ambiguous genitalia, streak ovaries, urethral strictures, ureteric abnormalities, and gonadoblastoma.
- **Mental retardation and behavioral abnormalities** in WAGR syndrome are highly variable:
  - Seventy percent of individuals with WAGR syndrome have mental retardation (defined as IQ <74); other individuals with WAGR syndrome can have normal intellect without behavior problems.
  - Behavioral abnormalities include attention deficit hyperactivity disorder (ADHD), autism spectrum disorders (see [Autism Overview](#)), anxiety, depression, and obsessive compulsive disorder.
- **Neurologic abnormalities** occur in up to one-third of individuals with WAGR syndrome. Findings include hypertonia or hypotonia, epilepsy, enlarged ventricles, corpus callosum agenesis, and microcephaly.
- **End-stage renal disease (ESRD).** The risk of later ESRD is significant, relating to Wilms tumor and its surgery, focal segmental glomerulosclerosis, and occasionally renal malformation. The rate of ESRD is 36% with unilateral Wilms tumor and 90% with bilateral Wilms tumor. Approximately 25% of individuals with WAGR syndrome have proteinuria ranging from minimal to overt nephritic syndrome [[Breslow et al 2005](#), [Fischbach et al 2005](#)].
- **Obesity.** The association of obesity in the WAGR spectrum, for which the acronym WAGRO has been suggested, has been confirmed [[Brémond-Gignac et al 2005a](#)].

[Affected](#) individuals may also show craniofacial dysmorphism, hemihypertrophy, growth retardation, scoliosis, and kyphosis. Other anomalies reported on occasion include polydactyly and [congenital](#) diaphragmatic hernia [[Nelson et al 1984](#), [Brémond-Gignac et al 2005b](#), [Manoukian et al 2005](#), [Scott et al 2005](#)] (see [Congenital Diaphragmatic Hernia Overview](#)).

Early studies recognized that 30% of individuals with aniridia with no [family history](#) of aniridia developed [Wilms tumor](#) within the first five years of life; subsequent studies revealed that the risk may be lower [[Gronskov et al 2001](#)]. It is now known that these individuals have WAGR syndrome caused by a contiguous [gene deletion](#) encompassing both *PAX6* and the nearby Wilms tumor suppressor [gene](#) (*WT1*). Absence of one *WT1* [allele](#) in the [germline](#) in these individuals leads to a high risk (~45%) of Wilms tumor

occurring through somatic [mutation](#) that results in [loss of heterozygosity](#) (LOH) in a single differentiating kidney cell.

## Genotype-Phenotype Correlations

**Isolated aniridia.** *PAX6* missense mutations (often in the paired [domain](#)) tend to produce atypical or variable-[phenotype](#) aniridia or related disorders (see [Table 2](#)) such as foveal hypoplasia, [autosomal dominant](#) keratitis, developmental abnormalities of the optic nerve, and Peters anomaly, sometimes associated with neurodevelopmental abnormalities.

*PAX6* [haploinsufficiency](#) through loss-of-function intragenic mutations (often premature termination codons), larger deletions, or occasional chromosomal rearrangements at nearby regulatory elements produces classic aniridia [[Kleinjan & van Heyningen 1998](#), [Prosser & van Heyningen 1998](#), [Gronskov et al 1999](#), [Hanson et al 1999](#), [Lauderdale et al 2000](#), [van Heyningen & Williamson 2002](#), [Chao et al 2003](#), [Tzoulaki et al 2005](#), [Dansault et al 2007](#)].

Although the [phenotype](#) can be variable within a family, individuals usually show little difference between the two eyes. The causes for this variation in [phenotype](#) among individuals with the same [mutation](#) are unknown [[Negishi et al 1999](#)].

**WAGR syndrome** is caused by either cryptic or cytogenetically visible deletions involving varying amounts of 11p that include [band](#) 11p13 with *PAX6* and neighboring genes. The loss of *WT1* produces genitourinary and renal abnormalities and predisposes to Wilms tumor, which results from LOH. [Deletion](#) of one *PAX6* [gene](#) causes aniridia. The exact [gene](#) loss responsible for mental retardation is uncertain [[Fischbach et al 2005](#)].

## Penetrance

[Penetrance](#) is 100%.

## Prevalence

The prevalence of aniridia is 1:40,000 to 1:100,000. No racial or sexual differences are recognized.

The prevalence of WAGR syndrome is unknown.

## Differential Diagnosis

*For current information on availability of genetic testing for disorders included in this section, see [GeneTests Laboratory Directory](#). —ED.*

**Rieger anomaly**, a form of anterior segment mesenchymal dysgenesis, is characterized by severe iris atrophy, corectopia (displaced pupils), iris holes, and, frequently, childhood-onset glaucoma. Rieger anomaly may be distinguished from aniridia by the presence of posterior embryotoxon (visible Schwalbe's line seen as a white line just inside the corneal limbus) with attached iris strands, relatively good visual acuity, and the absence of nystagmus or foveal abnormality.

**Iris coloboma** is a developmental defect resulting in a focal absence of the iris and a keyhole-shaped pupil; the rest of the iris is normal. Chorioretinal coloboma may be associated. Most iris colobomas are not associated with reduced visual acuity or nystagmus unless accompanied by a large posterior coloboma that involves the optic nerve and fovea; such large chorioretinal colobomas are apparent on fundoscopic examination.

**Gillespie syndrome**, characterized by partial iris hypoplasia, cerebellar ataxia, and mental retardation,

can be distinguished from aniridia by a characteristic iris configuration in Gillespie syndrome showing a scalloped pupillary edge with iris strands extending onto the anterior lens surface [[Nelson et al 1997](#)].

**Oculocutaneous albinism (OCA)** and ocular albinism typically present in early infancy with nystagmus but a structurally complete iris, typical diffuse iris transillumination (resulting from reduced pigment in the iris pigment epithelium), hypopigmented fundus, and, in the case of OCA, skin and hair hypopigmentation, which distinguish these disorders from aniridia (see [Oculocutaneous Albinism Type 1](#), [Oculocutaneous Albinism Type 2](#), [Oculocutaneous Albinism Type 4](#), and [X-Linked Ocular Albinism](#)).

The other causes of nystagmus and poor vision in infancy (e.g., retinal dysplasia, retinal dystrophy, [congenital](#) cataracts, optic nerve hypoplasia, [congenital](#) infections) lack the iris changes seen in aniridia.

Causes of partial or complete absence of iris tissue in adults include trauma, prior ocular surgery, and the iridocorneal endothelial (ICE) syndromes. The age at onset, medical history, and lack of other ocular features of aniridia should prevent diagnostic confusion with aniridia.

## Management

### Evaluation Following Initial Diagnosis

To establish the extent of disease in an individual diagnosed with aniridia, the following are recommended:

- Evaluation of visual acuity (not easily performed in infants), the degree of iris tissue deficiency, the presence of foveal and optic nerve hypoplasia in order to predict future visual function
- Evaluation for the presence and degree of corneal involvement, cataract, and glaucoma, as they are potentially treatable causes of further visual reduction; however, they may not appear until later in life.

### Treatment of Manifestations

**Aniridia.** During childhood, simple measures are often the most important:

- Regular eye examinations and correction of refractive errors. Refractive errors range from high myopia through emmetropia to high hypermetropia. Spectacle correction of refractive errors is usually recommended as use of contact lenses can be difficult in the presence of keratopathy and reduced tear production.
- Tinted or photochromic lenses to reduce light [sensitivity](#) associated with the large pupillary aperture
- Occlusion therapy for anisometric amblyopia or strabismic amblyopia
- Optical low-vision aids and other devices such as closed-circuit television systems to help adults and children of school age
- Advice and help with schooling
- Social support

**Lens.** Cataract extraction can significantly improve visual acuity in those patients with severe lens opacities. It should be remembered that in aniridia visual improvement after surgery is limited by foveal hypoplasia; thus, mild to moderate lens opacities may not require surgery:

- Children rarely require surgery (lens aspiration or lensectomy).

- In adults, phacoemulsification can be successful.

Note: (1) A significant number of individuals with aniridia have poor zonular stability, which increases the risk for intraoperative complications and influences the choice of surgical technique and options for IOL implantation [[Schneider et al 2003](#)]. (2) The use of various types of black diaphragm aniridic IOLs may reduce glare or light [sensitivity](#) but may be associated with a slightly higher rate of surgical complications [[Reinhard et al 2000](#), [Menezo et al 2005](#), [Pozdeyeva et al 2005](#)].

### Intraocular pressure

- Glaucoma is initially treated with topical anti-glaucoma medication.
- Surgery is reserved for eyes that do not respond to medical therapy:
  - Trabeculectomy with or without antimetabolites (e.g., 5-fluorouracil, mitomycin C) is the operation of choice.
  - Drainage tube surgery (with or without antimetabolites) or cyclodiode laser treatment may be necessary in refractory cases [[Khaw 2002](#), [Kirwan et al 2002](#), [Arroyave et al 2003](#)].

Note: (1) Glaucoma presenting in infancy is more difficult to treat. Medical treatment is generally ineffective and surgery is required. Goniotomy and trabeculotomy have a low success rate, but trabeculectomy with or without antimetabolites is often successful [[Nelson et al 1984](#), [Okada et al 2000](#), [Khaw 2002](#)]. (2) While goniosurgery has been suggested as a preventive measure, glaucoma never develops in most of those with aniridia [[Swanner et al 2004](#)].

### Cornea

- Ocular surface disease can be treated medically using lubricants, mucolytics, and punctal occlusion. Note: Drops without preservatives are often required to avoid preservative-related ocular surface toxicity.
- When corneal opacification causes significant visual reduction, penetrating keratoplasty (PK) may be considered; however, in the presence of the significant limbal stem cell deficiency observed in aniridia, PK alone has a poor prognosis [[Tiller et al 2003](#)].

**Aniridic fibrosis syndrome.** Surgical intervention is recommended at the first sign of aniridic fibrosis syndrome [[Tsai et al 2005](#)].

**Wilms tumor.** See [Wilms Tumor Overview](#).

### Surveillance

**Glaucoma.** Individuals with aniridia should undergo annual glaucoma [screening](#) throughout life including:

- Measurement of intraocular pressure
- Optic disc examination
- Visual field assessment, when possible

Note: Assessment of the optic disc and visual field may be difficult in the presence of media opacities and nystagmus.

**Aniridic fibrosis syndrome.** Patients with aniridia with a history of multiple ocular procedures (penetrating keratoplasty, IOLs, and drainage tube [insertion](#)) should be monitored for aniridic fibrosis syndrome [[Tsai et al 2005](#)].

**Wilms tumor.** Children with aniridia and a *WT1* [deletion](#) require regular renal ultrasound examinations every three months and follow-up by a pediatric oncologist until they reach age eight years. See [Wilms Tumor Overview](#). (Those without [deletion](#) of the *WT1* [locus](#) are at very low risk for Wilms tumor and do not require such [screening](#) [[Gronskov et al 2001](#), [Muto et al 2002](#)].)

**Renal function.** Because of the increased risk of renal impairment in WAGR syndrome, it has been suggested that renal function be evaluated lifelong in those with WAGR syndrome, especially those with bilateral Wilms tumor [[Breslow et al 2005](#)].

**Hearing.** Children with WAGR syndrome and [isolated](#) aniridia may have abnormal hearing despite a normal audiogram; thus, detailed audiologic evaluation is recommended [[Bamiou et al 2007](#)].

## Testing of Relatives at Risk

It is recommended that offspring and sibs of individuals with aniridia have an eye examination in infancy.

See [Genetic Counseling](#) for issues related to testing of at-risk relatives for [genetic counseling](#) purposes.

## Therapies Under Investigation

Search [ClinicalTrials.gov](#) for access to information on clinical studies for a wide range of diseases and conditions. Note: There may not be clinical trials for this disorder.

## Other

**Genetics clinics**, staffed by genetics professionals, provide information for individuals and families regarding the natural history, treatment, [mode of inheritance](#), and genetic risks to other family members as well as information about available consumer-oriented resources. See the [GeneTests Clinic Directory](#).

See [Consumer Resources](#) for disease-specific and/or umbrella support organizations for this disorder. These organizations have been established for individuals and families to provide information, support, and contact with other affected individuals.

## Genetic Counseling

*[Genetic counseling](#) is the process of providing individuals and families with information on the nature, inheritance, and implications of genetic disorders to help them make informed medical and personal decisions. The following section deals with genetic [risk assessment](#) and the use of [family history](#) and genetic testing to clarify genetic status for family members. This section is not meant to address all personal, cultural, or ethical issues that individuals may face or to substitute for consultation with a genetics professional. To find a genetics or [prenatal diagnosis](#) clinic, see the [GeneTests Clinic Directory](#).*

## Mode of Inheritance

[Isolated](#) aniridia and WAGR syndrome are inherited in an [autosomal dominant](#) manner.

## Risk to Family Members — Isolated Aniridia

### Parents of a [proband](#)

- Most individuals diagnosed with [isolated](#) aniridia have an [affected](#) parent.
- A [proband](#) with [isolated](#) aniridia and no [family history](#) may have the disorder as the result of a *de*

*nov* [gene mutation](#) or [gene deletion](#).

- Because the severity of the [phenotype](#) may vary greatly among family members, recommendations for the evaluation of parents of a [proband](#) with an apparent *de novo* [mutation](#) include examination of both parents for evidence of minor degrees of iris hypoplasia or reduced visual acuity caused by foveal hypoplasia.

### Sibs of a [proband](#)

- The risk to the sibs of the [proband](#) depends on the genetic status of the [proband](#)'s parents.
- If a parent of the [proband](#) has [isolated](#) aniridia or has an identifiable *PAX6* [mutation](#), the risk to the sibs is 50%.
- When the parents are clinically [unaffected](#), the risk to the sibs of a [proband](#) appears to be low.
- If a *PAX6* [mutation](#) cannot be detected in the [DNA](#) of either parent of the [proband](#), [germline mosaicism](#) in a parent should be considered. [Germline mosaicism](#) for *PAX6* intragenic mutations has been reported on rare occasions [[Gronskov et al 1999](#)].

**Offspring of a [proband](#).** Each child of an individual with [isolated](#) aniridia has a 50% chance of inheriting the *PAX6* [mutation](#) and developing aniridia.

Note: In rare instances of [mosaicism](#) for the *PAX6* [mutation](#) in the [proband](#), the risk to offspring may be lower.

## Risk to Family Members — WAGR Syndrome

### Parents of a [proband](#)

- WAGR syndrome caused by a contiguous [gene deletion](#) that includes *PAX6* and *WT1* that is detected only by [FISH](#) testing or [deletion](#) testing usually occurs *de novo*; however, rarely an asymptomatic parent may be mosaic for such a [deletion](#); thus, it is appropriate to offer [FISH](#) testing or [deletion](#) testing to both parents.
- In individuals with WAGR syndrome caused by a cytogenetically visible [deletion](#), it is appropriate to offer cytogenetic testing to both parents to determine if either parent has a balanced [chromosome rearrangement](#).

### Sibs of a [proband](#)

- If a parent has a balanced [chromosome rearrangement](#), the risk to the sibs is increased depending on the nature of the [chromosome rearrangement](#).
- If the [proband](#) has a *de novo* contiguous [gene deletion](#) and neither parent has evidence of [mosaicism](#) for the [deletion](#), the risk to sibs is no greater than that in the general population.

**Offspring of a [proband](#).** Individuals with WAGR syndrome caused by a cytogenetic [deletion](#) generally do not reproduce.

## Related Genetic Counseling Issues

**Considerations in families with an apparent *de novo* [mutation](#).** When neither parent of a [proband](#) with an [autosomal dominant](#) condition has the [disease-causing mutation](#) or clinical evidence of the disorder, it is likely that the [proband](#) has a *de novo* [mutation](#). However, possible non-medical explanations including [alternate paternity](#) or maternity (e.g., with assisted reproduction) or undisclosed adoption could also be

explored.

## Family planning

- The optimal time for determination of genetic risk and discussion of the availability of prenatal testing is before pregnancy.
- It is appropriate to offer [genetic counseling](#) (including discussion of potential risks to offspring and reproductive options) to young adults who have [isolated](#) aniridia.

**DNA banking.** [DNA banking](#) is the storage of [DNA](#) (typically extracted from white blood cells) for possible future use. Because it is likely that testing methodology and our understanding of genes, mutations, and diseases will improve in the future, consideration should be given to banking [DNA](#) of [affected](#) individuals. [DNA banking](#) is particularly relevant when the [sensitivity](#) of currently available testing is less than 100%. See [graphic element](#) for a list of laboratories offering [DNA banking](#).

## Prenatal Testing

Prenatal testing using fetal cells obtained by amniocentesis is usually performed at approximately 15-18 weeks' gestation or chorionic villus sampling (CVS) at approximately ten to 12 weeks' gestation is available under the following circumstances:

- For pregnancies at increased risk for [isolated](#) aniridia if the disease-causing *PAX6* [mutation](#) or regulatory region [deletion](#) has been identified [[Churchill et al 2000](#)]
- For pregnancies at increased risk for WAGR syndrome caused by a cytogenetic [deletion](#) if a balanced [chromosome rearrangement](#) has been identified in a parent.
- For pregnancies at increased risk for WAGR syndrome caused by a cryptic [deletion](#) detectable by [FISH](#) or [deletion](#) testing.

Note: Gestational age is expressed as menstrual weeks calculated either from the first day of the last normal menstrual period or by ultrasound measurements.

**Preimplantation genetic diagnosis (PGD)** may be available for families in which (1) the disease-causing *PAX6* [mutation](#) has been identified or (2) a [chromosome rearrangement](#) detectable by [chromosome](#) analysis or [FISH](#) has been demonstrated in a parent. For laboratories offering PGD, see [graphic element](#).

## Molecular Genetics

*Information in the Molecular Genetics and OMIM tables may differ from that elsewhere in the GeneReview: tables may contain more recent information.* —ED.

Table A. Aniridia: Genes and Databases

Gene Symbol	Chromosomal Locus	Protein Name	Locus Specific	HGMD
<a href="#">PAX6</a>	<a href="#">11p13</a>	<a href="#">Paired box protein Pax-6</a>	<a href="https://lsdb.hgu.mrc.ac.uk/home.php?select_db=PAX6">https://lsdb.hgu.mrc.ac.uk/home.php?select_db=PAX6</a>	<a href="#">PAX6</a>

Data are compiled from the following standard references: gene symbol from [HGNC](#); chromosomal locus, locus name, critical region, complementation group from [OMIM](#); protein name from [UniProt](#). For a description of databases (Locus Specific, HGMD) linked to, click [here](#).

Table B. OMIM Entries for Aniridia ([View All in OMIM](#))

[106210](#) ANIRIDIA; AN

[194070](#) WILMS TUMOR 1; WT1

[194072](#) WILMS TUMOR, ANIRIDIA, GENITOURINARY ANOMALIES, AND MENTAL RETARDATION SYNDROME; WAGR

[607102](#) WT1 GENE; WT1

[607108](#) PAIRED BOX GENE 6; PAX6

## Molecular Genetic Pathogenesis

*PAX6* belongs to the PAX (paired box) family of genes that code for highly conserved [DNA](#)-binding proteins believed to be important in controlling organogenesis by altering expression of other genes [[van Heyningen & Williamson 2002](#)]. *PAX6* is expressed in ocular, neural, nasal, and pancreatic tissue during development. Heterozygous mutations of *PAX6* appear to disturb ocular morphogenesis, resulting in aniridia and related ocular phenotypes, and also may produce mild central nervous system defects [[Sisodiya et al 2001](#), [Free et al 2003](#), [Ellison-Wright et al 2004](#), [Valenzuela & Cline 2004](#)]. Homozygous loss of *PAX6* function leads to [anophthalmia](#) and central nervous system defects and is fatal [[Hodgson & Saunders 1980](#), [Glaser et al 1994](#)].

**Normal allelic variants:** *PAX6* occupies 22 kb on [chromosome](#) 11p13 and contains 14 exons and 13 introns. The genomic sequence is available (<http://www.sanger.ac.uk/HGP/Chr11>). Five non-pathogenic normal allelic variants are known.

**Pathologic allelic variants:** More than 300 *PAX6* mutations have been identified; 286 are associated with [congenital](#) eye malformations [[Prosser & van Heyningen 1998](#), [Tzoulaki et al 2005](#)]:

- Approximately 72% are intragenic loss-of-function mutations that introduce a premature termination [codon](#) into the *PAX6* [open reading frame](#) and (occasionally) mutations of up- or downstream regulatory sequences [[Prosser & van Heyningen 1998](#), [Crolla & van Heyningen 2002](#), [Tzoulaki et al 2005](#)]
- Approximately 12% are missense mutations that have been detected in typical aniridia and that may code for near-to-loss-of-function protein [[Azuma et al 1998](#), [Vincent et al 2003](#), [Chauhan et al 2004](#), [Tzoulaki et al 2005](#)]

Four CpG dinucleotides in exons 8, 9, 10, and 11 are the most common [mutation](#) sites, accounting for 21% of all reported mutations [[Tzoulaki et al 2005](#)]. Large deletions that may involve other genes (e.g., *WT1*) also produce aniridia.

Many mutations have been reported in *PAX6*, both in aniridia and related ocular phenotypes such as Peters anomaly, foveal hypoplasia, and optic nerve anomalies:

- Of the 257 known *PAX6* mutations causing aniridia, most lead to loss of protein function and comprise nonsense mutations (39%), splice mutations (13%), frameshifting deletions and insertions (25%), inframe insertions and deletions (6%), missense mutations (12%), and run-on mutations (5%) [[Prosser & van Heyningen 1998](#), [Tzoulaki et al 2005](#)].
- Of the 29 known mutations for non-aniridia eye disorders, 69% are missense mutations [[Tzoulaki et al 2005](#)].

**Normal gene product:** *PAX6* encodes the PAX6 protein, a 422-amino acid protein that acts as a [transcription factor](#). PAX6 contains a paired [domain](#) and a paired-type homeodomain, both with [DNA](#)-binding capability, separated by a lysine-rich linker region. A C-terminal proline, serine, and threonine-rich (PST) [domain](#) acts as a transcriptional activator. PAX6 protein is thought to act as the major controller of ocular development during embryogenesis by effects on cellular proliferation,

differentiation, migration, and adhesion; several target genes have been identified [[van Heyningen & Williamson 2002](#)]. PAX6 [protein expression](#) continues in the adult retina, lens, and cornea and may help maintain good ocular health [[Koroma et al 1997](#), [van Heyningen & Williamson 2002](#)].

Various [isoforms](#) of PAX6 protein are derived through alternative [splicing](#) (PAX6-ex12, PAX6-5a,6', PAX6-5a). The ratios of these [isoforms](#) may be critical to normal ocular development [[Singh et al 2002](#)].

**Abnormal gene product:** Most *PAX6* mutations cause loss of protein function. This was previously believed to occur primarily through premature protein truncation but is now hypothesized to arise from nonsense-mediated decay [[Prosser & van Heyningen 1998](#), [Tzoulaki et al 2005](#)]. Missense mutations are believed to produce reduced-function protein, resulting in the variant ocular phenotypes or (if protein function is greatly reduced) in aniridia. Reduction of expression of alternatively spliced PAX6 protein [isoforms](#) can also cause an altered or less severe [phenotype](#) [[Azuma et al 1999](#), [Vincent et al 2003](#), [Chauhan et al 2004](#)].

## Resources

See [Consumer Resources](#) for disease-specific and/or umbrella support organizations for this disorder. These organizations have been established for individuals and families to provide information, support, and contact with other affected individuals. GeneTests provides information about selected organizations and resources for the benefit of the reader; GeneTests is not responsible for information provided by other organizations.—ED.

## References

Medical Genetic Searches: A specialized PubMed search designed for clinicians that is located on the PubMed Clinical Queries page. [graphic element](#)

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## Published Statements and Policies Regarding Genetic Testing

No specific guidelines regarding genetic testing for this disorder have been developed.

## Suggested Reading

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## Chapter Notes

### Revision History

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